# ADDICTION PROGRAMS AND FURTHER EDUCATION IN ADDICTION STUDIES

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## Why addiction Programs

According to UNODC 2020 World Drug report

- In 2018- about 269 million people used drugs at least once in the previous year
- 35 million suffer from Substance Use Disorders
- Require treatment
- Similar statistics at regional and national levels

#### Impact

- Negative impact on
  - Health
  - Individual, family and community
- Draining of resources
- Upsurge in crime including violence and corruption
- disruption of social, economic, political and cultural structures

# Why addiction Programs

- For who?-Service providers?
- To do what?-Service?
- Where?-Settings?
- With who?-Clients?
- With what ? Knowledge ,Skills Competencies, Attitudes, Values?

### Drug demand reduction activities

- Supply reduction- production, sale, trafficking, distribution
- Demand reduction –Prevention,
  - -Treatment,
  - -Harm reduction

- Research
- Policy and advocacy etc

# Type of activities /settings

- Prevention programs- outreach, awareness, education,
- Family and community wellness programs
- Schools
- Treatment- inpatient clinics,
  - outpatient clinics,
  - halfway houses,
  - prisons,
  - hospitals,
  - rehabilitation centers, among others.
- Policy and advocacy organizations
- Academia and Research organizations

# Need to build capacity

- Need to build capacity to address the drug problem at
  - Global
  - Regional
  - National
  - Local levels
- Efforts by international organizations e.g. ISSUP,ICUDDR,COLOMBO PLAN,UNODC,OAS, etc

## HOW?

- Equip with Knowledge, Skills, Competencies, Attitudes and Values to address the drug demand reduction goals
- Through capacity building initiatives
- Short term and long term initiatives

# Capacity building programs

Includes

- Short term training programs- Short courses such as
  - Universal Treatment Curriculum(UTC)
  - Universal Prevention Curriculum (UPC)
- University based academic programs in related disciplines
- University based academic programs in addiction studies

University based academic programs in related disciplines

- Addiction courses are anchored in related disciplines
  - As a unit/ course within a program
  - As a group of units/ courses forming a concentration/ specialization
- Examples of such programs are Psychology, Counseling, Medicine, Pharmacy, Social work, Public health

As stand alone academic programs in addiction studies

- Found in:
- Universities
- Tertiary/ middle level institutions

# Focus of programs

- Prevention
- Treatment
- Harm reduction
- Policy and advocacy etc
- Combination of all

### Nature of programs

- Most have:
- Course work
- Research component including project for some
- Practicum/ internship

## Some Names of Programs

- Addiction Medicine
- Addictology
- Addiction Science
- Addiction Studies
- Addiction Counseling, etc

- Program name could depend on focus, emphasis

## Sources of students

- Draw students from diverse fields / disciplines
  - Medicine
  - Psychology
  - Sociology and social work
  - Pharmacy
  - Public health
  - Law
    - Etc

### Range from

• Pre –Bachelors- certificates, diplomas

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- Bachelors
- Postgraduate diploma
- Masters

#### Doctorate

## Duration

- Depend on program level
- May vary across countries/ regions
- Examples:
  - Bachelors- 3 to 4 years
  - Masters 2 years
  - Doctoral 3 and above

## Entry criteria

- Diverse entry criteria
- Depends on:
  - Program level
  - Uniqueness of program
  - Institutional and country policies

## Mode of delivery/study

- Flexibility
  - •Full time
  - Part time
  - Face to face
  - Virtual- Synchronous and Asynchronous
  - Blended mode

Time for decisions-Interested in advancing?

- Personal goals
- Academic qualifications
- Financial resources
- Time resource
- Admission criteria
- Availability of programs- with virtual learning- increased access

## **Available options**

- Short courses
- Pre -bachelors programs-certificates, diplomas
- Bachelors
- Post graduate diplomas
- Masters
- Doctoral programs

Spoilt for choice !!!



#### -END-

#### THANK -YOU