



THE COLOMBO PLAN DRUG ADVISORY PROGRAMME

Training Report

Description:

1.1 Training Name	Universal prevention Curriculum Community-Based Prevention Implementation Systems
1.2 Locations (Country & Regions)	(Virtual via Zoom) STCM Office Perak, Malaysia
1.3 Education Provider Name	Supreme Training & Consultancy
1.4 Start and end date of the Training	15 th - 22 nd December, 2021,
1.5 Names of Resource Personnel	Ms. Aisha Saddiqua, Ms. Maria Ilugbuhi,

1. Introduction:

In order to endorse the evidence-based practices in the field of prevention in Malaysia, the Supreme Training & Consultancy, under the banner of Colombo Plan Drug Advisory programme (DAP) has organized a virtual training for the UPC-9 Community-Based Prevention Implementation Systems for Malaysian Professional and also for the International professionals. STC Malaysia aim to assist parent organizations to develop trained professionals in Addiction Science based on UTC/UPC who can screen, assess, construct prevention plans, and conduct intervention for both individual, group and community, to reduce the significant health, social, and economic problems. Managers and Supervisors Course 09: Community-Based Prevention Implementation Systems is part of a training series developed through funding from the U.S. Department of State to The Colombo Plan for the Drug Advisory Programme (DAP). The overall goal of the training series is to reduce the significant health, social, and economic problems associated with substance use throughout the world by building international prevention capacity through training, professionalizing, and expanding the substance use prevention workforce. This curriculum series is designed to provide extensive foundational knowledge to Prevention Managers and Supervisors about the most effective evidence based (EB) prevention interventions that are currently available. Prevention Managers and Supervisors, usually located at the community, state or country level, are prevention professionals involved in the assessment and planning for prevention, organization, selection and implementation of EB interventions, and monitoring and evaluation of programming.

The training was imparted on the following curricula:

- ***Managers and Supervisors Course 09: Community-Based Prevention Implementation Systems***

The following Global Master Trainers for Universal Prevention Curriculum facilitated the training:

- Ms. Aisha Saddiqua
- Ms. Maria Ilugbuhi

2. Objective of the Training Programme:

The objectives of the training program were to train the local as well as partner organization's prevention professionals to upskill the knowledge on evidenced-based practices in Prevention and empower them to integrate new practices into their prevention programs. Following specific objectives focused in the training of this curriculum.

- **Define and describe characteristics of prevention implementation systems including:**
 - Organizing community implementation teams;
 - EBI selection;
 - Quality implementation; and
 - Sustainability.
- **Managers and Supervisors Course 09: Community-Based Prevention Implementation Systems**
 - Describe a step-by-step developmental process for implementing a community-based EBI implementation system; and
 - Show strategies for networking implementation systems and securing national-level resources for EBIs.

3. Description of the Training:

The training was started with the pretest followed by introduction of the participants. Dr. Zall Kepli Md. Rejab greeted all the participants and described the aims and objectives of this training in his introductory speech. Dr. Zall stated the significance of prevention sciences in Malaysia and also explained the importance of this training for the partner organizations with reference to upcoming degree programme. Training was stated at 09:00 pm Malaysian time for two hours and thirty minutes. After his speech, video of module zero was played from ISSUP's website, developed by INL team. Every day, each session was consisting of two hours and thirty minutes which was followed by presentations, group activities, large group discussions and homework assignments.

The training was participated by the twenty-four prevention professionals from universities, national drug agency, Malaysian Royal Police, and hospitals. Training methodology was throughout virtual based on adult learning methodologies, activities and hand on activities, role plays, posers presentations, brain storming sessions, individual, pair and group works.

Module 1 Training Introduction was covered by Ms. Saddiqua Aisha and on second day a healthy discussion was observed on the Rationale and Conceptual Framework in Support of Community-Based Multi-Component Prevention Initiatives module. Ms. Maria Ilugbuhi, led the session on 3rd day and explained the Phases in Community-Based Implementation Systems and also elaborated how to Building an Effective Community Team and Assessing Community Needs. The module based on selecting and Implementing EBIs was discussed in detailed by the participants via large group discussion and group work. Phase 4: Sustaining Quality Implementation of EBIs and Monitoring and Evaluation of Community Systems were also successfully covered by both trainers. On last day, Ms. Aisha elaborated the concept of the whole curriculum again and had a Review of Community-Based Prevention Implementation Systems: Application to Practice.

During the closing ceremony the participant were excited on the fulfillment of their UPC Training and excited for next phase. Senior professors from Universities and Board members of STCM has graced the closing ceremony.

4. List of Participants:

No.	Full Name	Organization/ Location	Designation
1	Nguyen Thi Nhu Nga	NGO FONTANA Trang City, Khanh Hoa Province, Vietnam	Coordinator
2	Dr. Mariani Binti Omar	University Sultan Azlan Shah, Malaysia	Associate Professor
3	Radhiah Abu Bakar	University of Cyberjaya, Malaysia	Psychologist
4	Aleyna Abdullah	STC, Malaysia	Coordinator
5	Muhammad Zunnurain	STC, Malaysia	Senior Counselor
6	Noorazli Mustapa	University Sultan Zainal Abidin	Deputy Director NADA, Perlis
7	Fauziah Hanim Jalal	University Pendidikan Sultan Idris	Anti-Drug Assistant
8	Ahmad Fauzi Md. Amin	STCM, Malaysia	Drug & Alcohol Counselor/ Research Assistant
9	Mohd. Shahezam Mohamed Sunar	University Sabah, Malaysia	Associate Professor
10	Balan Rathakrishnan	The Royal Police, Malaysia	Drug Investigation Officer
11	Nur Alisa Alia'm	National Drug Agency, (NADA) Govt of Malaysia	Research Associate
12	Dr. Roslee Ahmad	<i>University Sains Islam Malaysia,</i>	Associate professor
13	Zainab Yusiff	STCM, Malaysia	Social Worker
14	Dr.M. Akif Saeed CH	Government Health Department, Faisalabad, Punjab, Pakistan	MBBS, Addiction professional
15	Dr Inayatullah Magsi	Chandika Medical Collage Sindh	MBBS, Addiction professional
16	sahrish Ruba	H & H Health Care	Psychologist
17	Amin Ullah	Baluchistan institute of Psychiatry & Behavioral Sciences Quetta Pakistan.	Psychologist
15	Dr. Filza Bashir	Pakistan Institute of Medical Sciences	MBBS, Addiction professional
19	Dr Muhammad Amjad Chaudhry	ITRAMIC Foundation, Pakistan	MBBS, Addiction professional
20	Humaira Rashid	ITRAMIC Foundation, Pakistan	Educationist
21	Samia Athar	ITRAMIC Foundation, Pakistan	Counselor
22	Nazia Bashir	Pakistan Institute of Medical Sciences, Islamabad, Pakistan	Psychologist

23	Dr. Hazrat Ali Khan	Baluchistan institute of Psychiatry & Behavioral Sciences Quetta Pakistan.	Senior MBBS, Addiction professional
24	Qurat ul ain sammar	Govt College of management Sciences	Psychologist

5. Reflections of the Participants:

Many of the participants shared their reflection and extended their views, opinions and comments about training. Some are following as under;

Ms. Radhiah Abu Bakar, Counselor from University of Cyberjaya expressed her gratitude to team, especially Dr. Zall for giving the opportunity to join this wonderful program. She stated that I am glad I managed to complete all 7 days of course activities very well. Learning new things that are out of my expertise was quite tough but thanks to you and Maria, because both of you are such good trainers and able to make me understand all the training's components very well. I am sorry for not being too active during the sessions due to the hectic of my daily workload. Plus, UoC was having graduation day during our training session week. But, I hope I put my best effort into our training session. EBIs are something that is still new in my country and it is important for us to bring this intervention as the main method for the drug prevention effort. I am glad that I have the chance to be a part of this lovely team and I hope that we can collaborate for the future program once I start to implement the EBIs in my setting.

Mr. Mohammad Shahezam Mohamed Sunar Lecturer from college of Allied Sciences, Ministry of Health, Malaysia expressed as "I am honored to get the chance following your course - it was full of new information, and it was suitable with what I am doing for life".

Mr. Amin Ullah kakar from Pakistan stated that It was fruitful comprehensive training, both trainers did their best to explain the prevention courses. Moreover, it was an amazing blend experience from various countries. Treatment save individuals but prevention save societies that's why such kind of trainings should be part of curriculum. I am thankful to you and your whole team.

Ms. Nga Nhu Nguyen, Program Manager from NGO Fontana from Vietnam shared her comments as, "First, I would like to thank STCM for bringing me a chance to participate this international training. It is great to attend another course and work with your team again. I highly appreciated and valued the great effort and energy that Aisha Saddiqua and Maria Ilugbuhi bring to the training and how they tried helping the participants to get the best from the training. The content of this training is totally new and different with the field of treatment which was more familiar to me. The training is very well done. There is a lot of new concepts and knowledge's to learn, and so many questions to think about. I find the knowledge of this course are very useful for me and my work plan in the future. I/my organization have been very much want to build and promote good intervention program. Now I have a basic to start from. There are so many updated international knowledge's and solutions that available now which we can learn and make use it for the benefit of the people, families and children in Vietnam. I hope in the future I can introduce an EBIs model developed in Vietnam.

Dr. Inayatullah Magsi, Assistant Professor Chandika Medical College Larkana, Sindh, Pakistan stated his comments as, It is indeed gratifying to write this for training which remained world class throughout. Trainers well versed in their field took trainees to every aspect of the curriculum. What an enthusiastic and engaging experience. There is need of more like this training. Thankful to be the part of it.

Ms. Sahrish Ruba expressed her thanks on behalf of herself and her organization (H&H Health Care). She stated as, thanks for allowing me to participate in this Community Based prevention intervention Training course. Attending the course was an eventful experience throughout the week and it was helpful in my professional grooming. I want to thank all the Global Master Trainers; Ms. Aisha Saddiqua, and Ms. Maria Ilugbuhi for sharing

their valuable experience and knowledge with us. I am satisfied with the deliverance of the course by the professional trainers and I am looking forward to participate in the future training courses as well.

6. Challenges:

There were some significant challenges that have been faced by participants and by trainers as well, some are following;

- Time was a big challenge, two hours and thirty minutes were not enough to elaborate the activities, however they were managed by assigning homework and off time activities in WhatsApp groups.
- Internet connectivity issues which was faced many times by trainers and participants as well, in this regard, sessions were recorded and recording was provided to those who missed some portions due to connectivity issues.
- Participants engagement was sometimes a challenge as few of them were reluctant to turn on camera all the time.

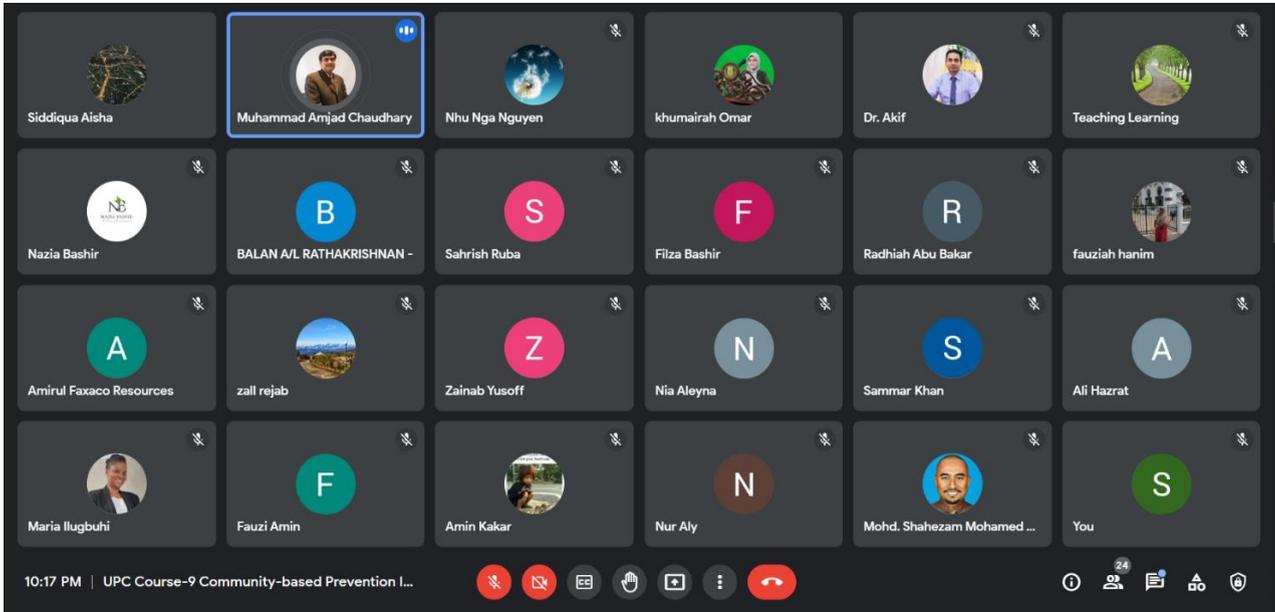
7. Recommendations and Participants Comments on the Training :

There was some suggestion overall and from the participants were being observed as under;

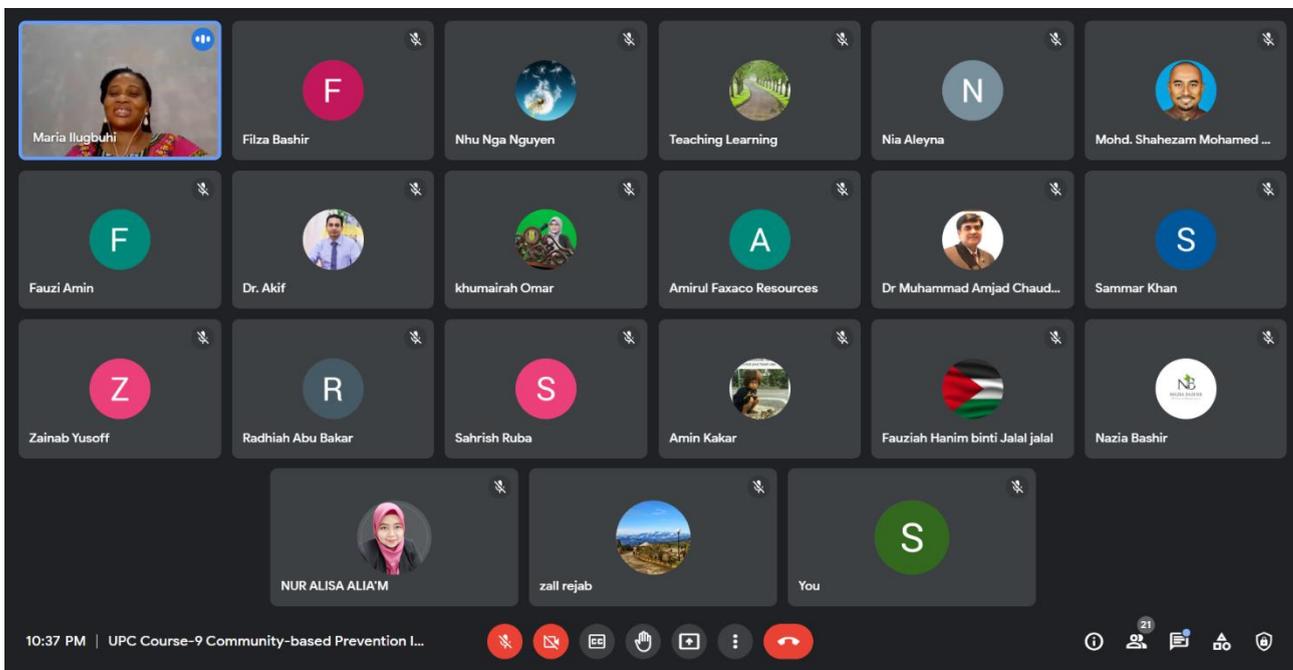
- Trainings must be spread on more day, for example 10 days may be expand to 15-20 days.
- Face to face trainings must be introduced after the pandemic
- More visual images should be added in the training presentations.
- Role of community and responsibilities of community leaders should be highlighted more in curriculum.
- More courses on Prevention Sciences must be conducted.

8. Visibility Materials (photos, videos, articles, leaflets, print materials, paper article or any success story):

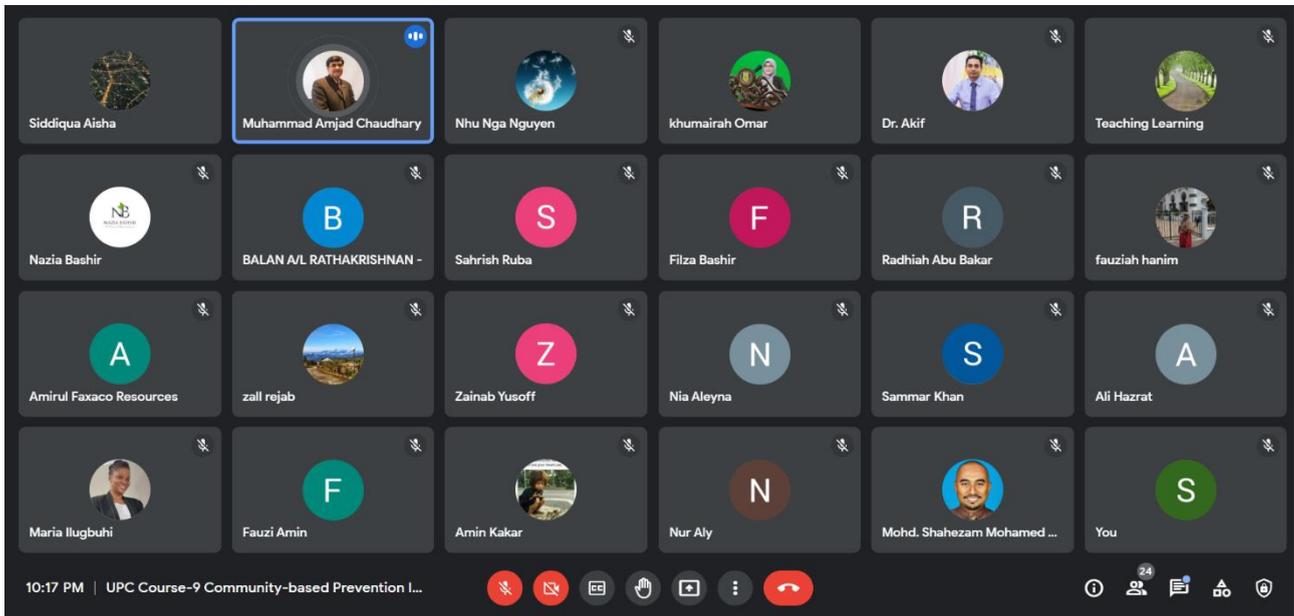
DAY 1



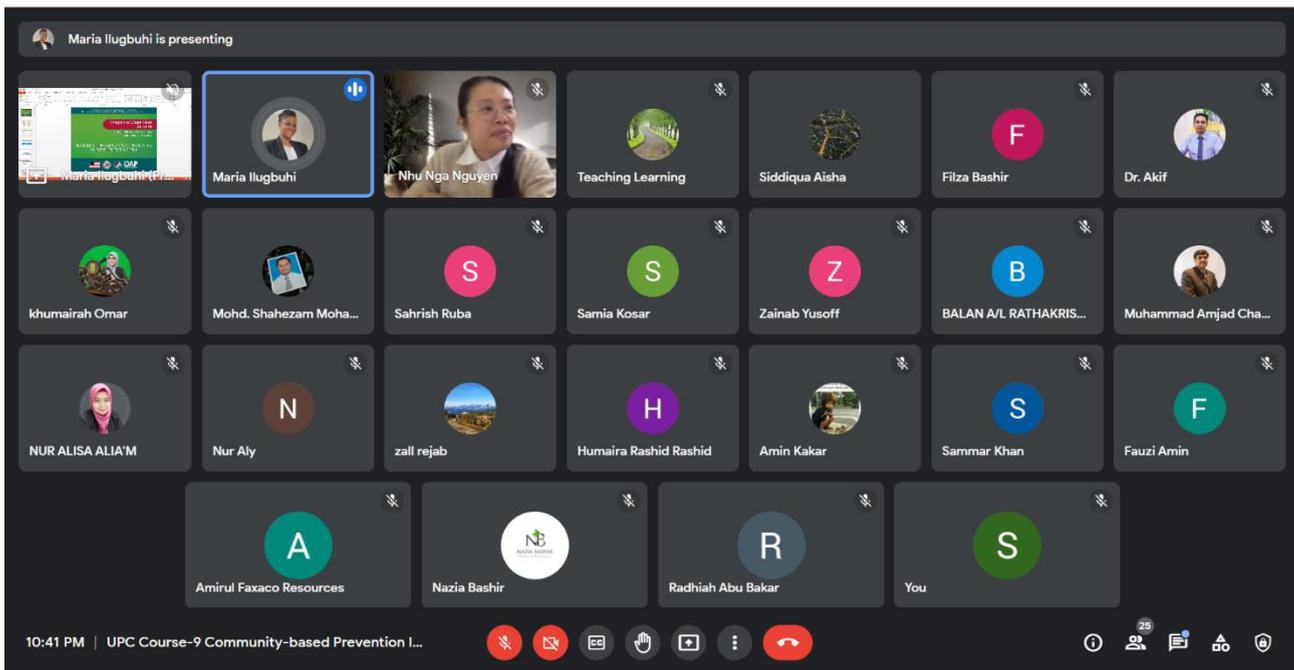
DAY 2



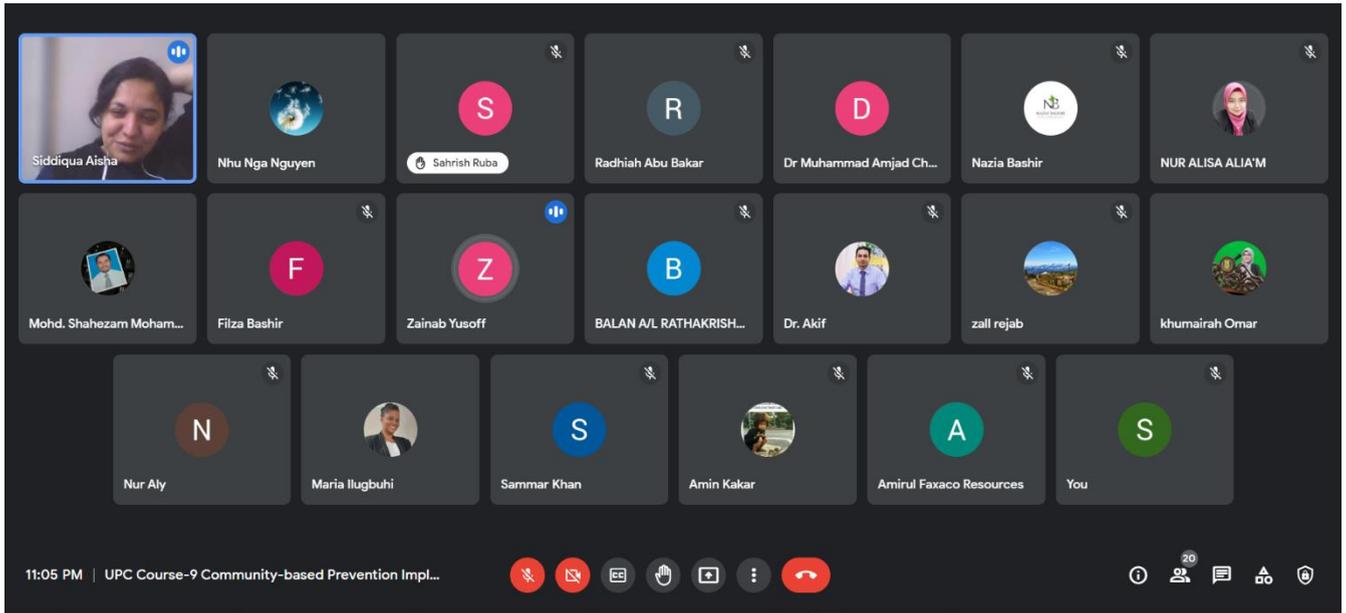
DAY 3



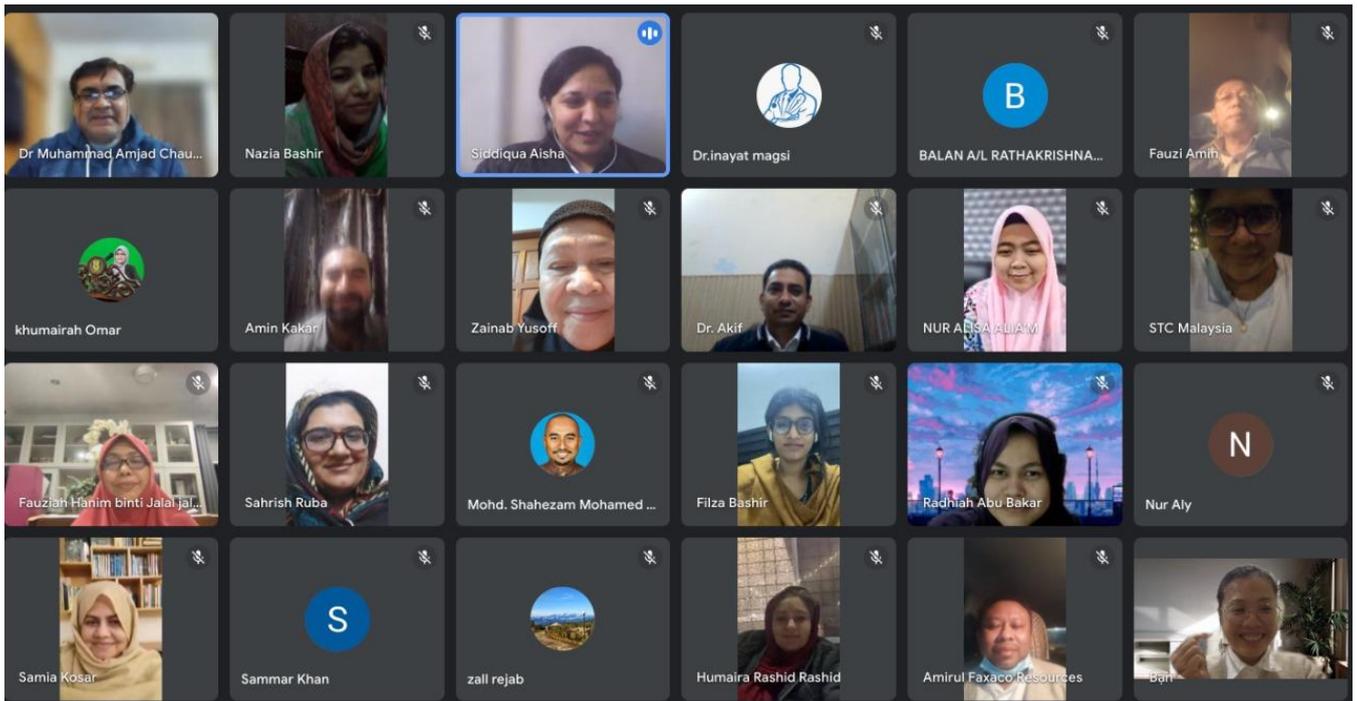
DAY 4



DAY 5



DAY 7



Congratulations!



“
As a participant in this training, you are part of a rapidly growing global community of substance use professionals
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U.S. DEPARTMENT of STATE

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MODULE - 0

13. Prepared by (with Signatures)

Dr. Zall Kepli MD. Rejab
Managing Director
Supreme Training & Consultancy
Malaysia.

(Signature)